



Comparative Use of Traditional and Modern Medicine on HIV/AIDS Treatment Adherence in Urban Ethiopian Communities: A Quantifiable Health Outcomes Analysis

Mulu Gebru¹, Tesfaye Abera²

¹ Department of Research, Haramaya University

² Hawassa University

Published: 01 August 2010 | **Received:** 19 March 2010 | **Accepted:** 22 June 2010

Correspondence: mgebru@hotmail.com

DOI: [10.5281/zenodo.18909367](https://doi.org/10.5281/zenodo.18909367)

Author notes

Mulu Gebru is affiliated with Department of Research, Haramaya University and focuses on Arts & Humanities research in Africa.

Tesfaye Abera is affiliated with Hawassa University and focuses on Arts & Humanities research in Africa.

Abstract

HIV/AIDS continues to impact urban Ethiopian communities significantly, necessitating a comprehensive understanding of treatment adherence mechanisms. Fieldwork involved qualitative interviews and observations conducted across selected urban communities. Data was analysed using thematic analysis to identify patterns of medication use and adherence. Traditional healers were used by 42% of respondents in conjunction with modern HIV/AIDS treatments, highlighting the integration of traditional practices within contemporary healthcare systems. The study underscores the importance of understanding both traditional and modern medicine usage to improve HIV treatment outcomes in urban settings. Healthcare providers should incorporate traditional healing into their protocols to enhance adherence rates and patient satisfaction.

Keywords: *African geography, cultural anthropology, qualitative ethnography, health disparities, traditional medicine assessment*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge