



Community-Based Interventions and Food Insecurity Alleviation Among Vulnerable Families in Kampala Suburbs, Uganda

Mweleke Mabika^{1,2}, Grace Namaganda³, James Kibuuka³

¹ Department of Advanced Studies, Uganda Christian University, Mukono

² Department of Advanced Studies, Busitema University

³ Busitema University

Published: 12 October 2001 | **Received:** 06 July 2001 | **Accepted:** 26 September 2001

Correspondence: mmabika@outlook.com

DOI: [10.5281/zenodo.18732251](https://doi.org/10.5281/zenodo.18732251)

Author notes

Mweleke Mabika is affiliated with Department of Advanced Studies, Uganda Christian University, Mukono and focuses on African Studies research in Africa.

Grace Namaganda is affiliated with Busitema University and focuses on African Studies research in Africa.

James Kibuuka is affiliated with Busitema University and focuses on African Studies research in Africa.

Abstract

Food insecurity remains a pressing issue in Uganda's Kampala suburbs, affecting vulnerable families disproportionately. This study employed qualitative research methods, including participant observation, semi-structured interviews with stakeholders, and thematic analysis of collected data. Community-led initiatives showed a positive impact by improving access to resources such as food vouchers and agricultural training programmes. Effective community-based interventions can significantly reduce food insecurity among vulnerable families in Kampala suburbs. Future research should focus on scaling these models. Policy makers should prioritise funding for community-led initiatives that combine financial support with skills development to combat food insecurity effectively.

Keywords: *Sub-Saharan, Vulnerability, Anthropology, Community Development, Ethnography, Nutrition Security, Participatory Action Research*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge