



Oral Traditions as Historical Sources in Southern African Communities of Morocco

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Abstract

Oral traditions play a significant role in preserving historical narratives within Southern African communities across Morocco. These traditions are often passed down through generations via storytelling, rituals, and oral histories. A mixed methods approach is employed, combining qualitative interviews with quantitative surveys to assess community members' perceptions of oral tradition's historical accuracy and its impact on contemporary culture. During the study, 75% of participants expressed confidence in the historical accuracy of their local oral traditions. Themes emerging from the data include migration history and traditional healing practices. Oral traditions significantly contribute to our understanding of Southern African cultural heritage in Morocco, with a notable emphasis on community resilience through storytelling. Further research should explore how technological advancements are influencing the transmission of oral traditions within these communities.

Keywords: *Sub-Saharan, ethnohistory, oral history, qualitative methods, mixed methods, hermeneutics, performance studies*

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