



# Decolonizing Arts and Humanities in Tanzanian Contexts: A Paradigm Shift

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## Abstract

Decolonizing Arts and Humanities in Tanzanian contexts involves critically examining how Western-centric frameworks have influenced African studies, particularly within Tanzania's diverse cultural landscape. The study employs a qualitative approach, analysing literature reviews, interviews with educators, and survey data from Tanzanian universities. A significant finding is that students often lack exposure to local cultural narratives in their studies, suggesting a need for curriculum reform. The integration of indigenous knowledge into Arts and Humanities curricula can foster greater inclusivity and relevance in African contexts. Universities should mandate the inclusion of at least one course that focuses on Tanzanian culture and history within the first two years of study.

**Keywords:** *Decolonization, Postcolonial Theory, Critical Race Studies, Cultural Studies, African Philosophy, Ethnography, Oral Tradition*

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