



Oral Traditions as Historical Sources in Southern African Communities: A Theoretical Framework

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Abstract

Oral traditions play a significant role in documenting history within Southern African communities, serving as an important source of information for scholars and researchers. This theoretical framework elucidates how oral traditions can be effectively utilised to enrich our understanding of historical events within Southern African societies. Future research should consider incorporating oral tradition studies into broader interdisciplinary approaches, such as anthropology and ethnomusicology, to enhance the validity and reliability of their findings.

Keywords: *Ethiopia, Oral History, Narratives, Performance Studies, Heritage Studies, Cultural Anthropology, Ethnography*

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