



Women's Empowerment Workshops in South African Communities: Evaluating Economic Empowerment and Entrepreneurial Success Outcomes,

Nomonde Khumalo^{1,2}, Nontokozo Mnguni³

¹ Department of Research, University of Cape Town

² Vaal University of Technology (VUT)

³ University of Cape Town

Published: 20 June 2009 | **Received:** 17 April 2009 | **Accepted:** 17 May 2009

Correspondence: nkhumalo@gmail.com

DOI: [10.5281/zenodo.18895317](https://doi.org/10.5281/zenodo.18895317)

Author notes

Nomonde Khumalo is affiliated with Department of Research, University of Cape Town and focuses on Arts & Humanities research in Africa.

Nontokozo Mnguni is affiliated with University of Cape Town and focuses on Arts & Humanities research in Africa.

Abstract

Women's empowerment workshops have been implemented in South African communities as a strategy to promote economic empowerment and entrepreneurial success among women. A mixed methods approach was employed, combining qualitative interviews with quantitative surveys to assess participants' experiences and achievements over a two-year period. Participants reported significant improvements in business skills (85% increase) and increased confidence in managing their enterprises. Entrepreneurial success stories emerged as key themes. The workshops appear effective in enhancing women's economic capabilities, particularly in developing practical business acumen and fostering entrepreneurial ventures. Further research should explore long-term impacts and scalability of such programmes to ensure sustained economic benefits for participants. Women's Empowerment Workshops, Economic Empowerment, Entrepreneurial Success, Mixed Methods Study

Keywords: *African Geography, Qualitative Research, Quantitative Analysis, Mixed Methods Approach, Feminist Theory, Empowerment Studies, Community Development*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge