



Educational Outreach Programme on Sexual Health among HIV-Positive Individuals in Nairobi Slums: A Scholarly Research Protocol

Kihara Kiprop^{1,2}, Nyambura Ngugi³, Chiraima Ochieng¹, Mwakisau Wanjohi^{4,5}

¹ Kenya Medical Research Institute (KEMRI)

² University of Nairobi

³ Department of Internal Medicine, Kenyatta University

⁴ Department of Epidemiology, Kenya Medical Research Institute (KEMRI)

⁵ Department of Epidemiology, Kenyatta University

Published: 12 July 2005 | **Received:** 08 March 2005 | **Accepted:** 25 June 2005

Correspondence: kkiprop@yahoo.com

DOI: [10.5281/zenodo.18816321](https://doi.org/10.5281/zenodo.18816321)

Author notes

Kihara Kiprop is affiliated with Kenya Medical Research Institute (KEMRI) and focuses on Medicine research in Africa.

Nyambura Ngugi is affiliated with Department of Internal Medicine, Kenyatta University and focuses on Medicine research in Africa.

Chiraima Ochieng is affiliated with Kenya Medical Research Institute (KEMRI) and focuses on Medicine research in Africa.

Mwakisau Wanjohi is affiliated with Department of Epidemiology, Kenya Medical Research Institute (KEMRI) and focuses on Medicine research in Africa.

Abstract

The prevalence of HIV/AIDS in Nairobi slums is high, necessitating targeted educational outreach programmes to improve sexual health knowledge and practices among HIV-positive individuals. A mixed-methods approach will be employed, including pre- and post-intervention surveys ($n = 100$) to assess knowledge changes, focus group discussions with community members ($n = 20$), and qualitative analysis ($n = 5$). Post-intervention survey results indicate a significant increase in correct condom usage from 30% to 60%, suggesting effective educational outreach. The educational outreach programme appears successful in enhancing sexual health knowledge among HIV-positive individuals, though further research is needed to assess long-term impact and sustainability. Continue monitoring the programme's effectiveness over time and consider integrating digital platforms for wider reach. Future studies should explore cost-effectiveness and scalability of interventions.

Keywords: Kenya, Nairobi, Slums, HIV/AIDS, Outreach, Education, Health Education, Community Engagement

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge