



# Gender Segmentation in Urban Food Waste Management Programmes: Insights from Cape Town, South Africa,

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## Abstract

Urban food waste management programmes in Cape Town have faced challenges in addressing gender disparities within their implementation and outcomes. Qualitative research methods were used to collect data through interviews with programme participants and stakeholders, as well as document review. Gender segmentation was observed to be predominantly applied in collection and processing phases, with women often participating more significantly in sorting waste compared to men. The findings highlight the importance of gender-sensitive approaches in urban food waste management programmes for achieving equitable outcomes. Programmes should incorporate targeted training for both genders on waste segregation techniques and ensure that leadership roles are equally distributed among all genders. Urban Food Waste, Gender Segmentation, Cape Town, Social Impact Assessments

**Keywords:** *Cape Town, Urbanization, Feminist Theory, Ethnography, Discourse Analysis, Gender Studies, Community Engagement*

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