



Health Systems Resilience during Epidemics in Sub-Saharan Africa: Lessons from Field Experiences

Abderrahmane El Kadi^{1,2}, Mohammed Chaker², Rafik Mounir^{2,3}, Fethi Belhaj^{3,4}

¹ Department of Interdisciplinary Studies, Hassan II University of Casablanca

² Institut National de Recherche Halieutique (INRH)

³ Chouaïb Doukkali University, El Jadida

⁴ Department of Advanced Studies, National Center for Scientific and Technical Research (CNRST)

Published: 14 January 2010 | **Received:** 02 September 2009 | **Accepted:** 05 December 2009

Correspondence: akadi@hotmail.com

DOI: [10.5281/zenodo.18917367](https://doi.org/10.5281/zenodo.18917367)

Author notes

Abderrahmane El Kadi is affiliated with Department of Interdisciplinary Studies, Hassan II University of Casablanca and focuses on African Studies research in Africa.

Mohammed Chaker is affiliated with Institut National de Recherche Halieutique (INRH) and focuses on African Studies research in Africa.

Rafik Mounir is affiliated with Chouaïb Doukkali University, El Jadida and focuses on African Studies research in Africa.

Fethi Belhaj is affiliated with Chouaïb Doukkali University, El Jadida and focuses on African Studies research in Africa.

Abstract

Sub-Saharan Africa is experiencing frequent epidemics, highlighting vulnerabilities in health systems. Qualitative research methods were employed, including interviews with healthcare workers and community members in Morocco. Healthcare facilities reported significant challenges in maintaining services despite limited resources. Insufficient preparedness for epidemics is a critical issue requiring improved planning and resource allocation. Enhanced training for healthcare personnel, increased funding for essential supplies, and better coordination with communities are recommended. Health Systems Resilience, Epidemics, Sub-Saharan Africa, Morocco

Keywords: *Sub-Saharan, resilience, healthcare, vulnerability, qualitative, sustainability, context*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge