



The Impact of Food Security Programmes on Urban Poor Nutrition in Addis Ababa, Ethiopia: A Comparative Study

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Abstract

Food security programmes have been implemented in urban areas of Ethiopia to address malnutrition among the urban poor. The study employed a mixed-methods approach involving quantitative data analysis from surveys and qualitative interviews to assess programme effectiveness. Nutrition intake levels showed an improvement among participants but varied significantly across different food security programmes. Food security programmes in Addis Ababa improved nutrition outcomes for urban poor, though implementation variations impacted their efficacy. Tailored interventions and continuous monitoring are essential to maximise benefits of existing programmes. Nutrition Intake, Urban Poor, Food Security Programmes, Addis Ababa

Keywords: *Addis Ababa, Urbanization, Quantitative Methods, Nutrition Intake, Malnutrition, Empirical Research, Food Security Programmes*

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