



Health Systems Resilience in African Epidemics: Egypt's Lessons

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Abstract

Egypt's health systems have faced significant challenges during various epidemics, necessitating a deeper understanding of their resilience. An ethnographic study was conducted through participant observation, interviews, and document analysis among key stakeholders in Egypt's healthcare sector. Egyptian healthcare workers reported a significant increase of 20% in the proportion of resources dedicated to epidemic preparedness compared to non-epidemic periods. The study underscores the critical role of community engagement and resource allocation in enhancing health systems' resilience during epidemics. Health policymakers should prioritise continuous investment in community-based healthcare infrastructure and training programmes for rapid response teams.

Keywords: *Africanization, Anthropology, Community-Based, Ethnography, Health Systems, Indigenous Knowledge, Resilience Studies*

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