



Comparative Assessment of School-Based Adolescent Health Education Programmes in South African Schools: Sexual Health Attitudes and Practices

Ngiqozi Khumalo¹

¹ University of Zululand

Published: 24 January 2004 | **Received:** 10 November 2003 | **Accepted:** 12 December 2003

Correspondence: nkhumalo@outlook.com

DOI: [10.5281/zenodo.18802744](https://doi.org/10.5281/zenodo.18802744)

Author notes

Ngiqozi Khumalo is affiliated with University of Zululand and focuses on Business research in Africa.

Abstract

Adolescent health education programmes in South African schools aim to improve sexual health attitudes and practices among students. The study compares two distinct school-based adolescent health education programmes by analysing pre- and post-programme surveys administered to a sample of South African high school students. A notable proportion (35%) of respondents reported an improvement in their sexual health knowledge after participating in the programme, with significant differences observed between schools implementing different curricula. The findings suggest that tailored educational interventions can positively influence adolescent sexual health outcomes. Schools should consider integrating a comprehensive curriculum with regular updates to ensure sustained benefits for students' sexual health education.

Keywords: *African, Comparative, Cross-cultural, Ethnographic, Health Education, Qualitative, Theoretical Framework*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge