



Comparative Psychological Profiles across Nigerian Regions: A Mixed-Methods Inquiry

Sunday Ogunlana¹

¹ Nnamdi Azikiwe University, Awka

Published: 17 May 2012 | **Received:** 19 January 2012 | **Accepted:** 18 March 2012

Correspondence: sogunlana@aol.com

DOI: [10.5281/zenodo.18979356](https://doi.org/10.5281/zenodo.18979356)

Author notes

Sunday Ogunlana is affiliated with Nnamdi Azikiwe University, Awka and focuses on Psychology research in Africa.

Abstract

Comparative psychological studies in Africa have highlighted regional variations in mental health outcomes, educational attainment, and socio-economic factors. However, few studies integrate both qualitative and quantitative methods to provide a comprehensive understanding of these differences. The study employs a multi-informant design combining quantitative surveys ($N = 1000$) with qualitative interviews ($n = 50$). Data collection covers four major Nigerian regions: North, South, East, and West. Qualitative data are triangulated to ensure robustness and depth. The findings indicate a significant regional disparity in educational achievement scores, with the South region outperforming others by approximately 15%. Additionally, qualitative interviews revealed that cultural stigma surrounding mental health issues is more pronounced in the North region. This study underscores the importance of considering both quantitative and qualitative data to capture nuanced variations across regions. The integration of methods provides a more holistic view of psychological profiles in Nigeria. Future research should continue to utilise mixed-methods approaches, particularly in underrepresented areas like rural Nigeria where regional disparities are most pronounced. Policy makers can use these findings to tailor interventions that address specific regional challenges. Nigeria, Mixed methods study, Comparative psychology, Educational attainment, Mental health

Keywords: *African, Qualitative, Quantitative, Mixed-Methods, Cross-Cultural, Empirical, Ethnography*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge