



# Indigenous Knowledge Systems in Tunisian Psychological Practice: A Critical Examination

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## Abstract

Indigenous knowledge systems (IKS) have been recognised for their value in various cultural contexts, including psychology practice. A qualitative approach using semi-structured interviews with practitioners was employed to explore the role of IKS in therapeutic settings. The integration of indigenous knowledge systems into Tunisian psychology practice is evolving but faces challenges related to cultural acceptance and professional training. Further research should focus on developing guidelines for incorporating IKS in contemporary therapeutic frameworks while ensuring ethical standards are met.

**Keywords:** *Tunisia, Indigenous Knowledge Systems, Cultural Psychology, Ethnopsychology, Afrocentric Theory, Community-Based Approaches, Reflexive Practice*

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