



Policy Implications in Ghanaian Psychology Research: An Exploratory Survey Study

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Abstract

Psychology research in Africa, particularly Ghana, is crucial for understanding local societal dynamics and developing effective interventions. A survey was conducted among policymakers, psychologists, and community leaders to identify gaps in current policies and propose actionable recommendations. The survey revealed a significant shortage of trained professionals in mental health care, which is particularly acute in rural areas. Policy reforms are needed to address the identified gaps by increasing funding for training programmes and improving access to psychological services. Develop comprehensive training curricula for local psychologists and expand outreach programmes into underserved regions.

Keywords: *African, qualitative, phenomenology, constructivism, triangulation, empowerment, epistemology*

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