



The Integration of Traditional Medicine within Contemporary Ugandan Healthcare Systems: A Mixed-Methods Inquiry

Abraham Omandi^{1,2}, Nancy Namwali³, Wilfred Okello⁴, Ephraim Nabiru^{5,6}

¹ Department of Advanced Studies, Kampala International University (KIU)

² National Agricultural Research Organisation (NARO)

³ Department of Research, Uganda National Council for Science and Technology (UNCST)

⁴ Department of Research, National Agricultural Research Organisation (NARO)

⁵ Department of Advanced Studies, Kyambogo University, Kampala

⁶ Kampala International University (KIU)

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Correspondence: aomandi@yahoo.com

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Author notes

Abraham Omandi is affiliated with Department of Advanced Studies, Kampala International University (KIU) and focuses on African Studies research in Africa.

Nancy Namwali is affiliated with Department of Research, Uganda National Council for Science and Technology (UNCST) and focuses on African Studies research in Africa.

Wilfred Okello is affiliated with Department of Research, National Agricultural Research Organisation (NARO) and focuses on African Studies research in Africa.

Ephraim Nabiru is affiliated with Department of Advanced Studies, Kyambogo University, Kampala and focuses on African Studies research in Africa.

Abstract

Traditional medicine plays a significant role in healthcare systems across Africa, but its integration into contemporary healthcare systems is often overlooked or under-researched. A mixed-methods approach combining qualitative interviews with structured questionnaires was employed. The sample included 150 participants from diverse socio-economic backgrounds, aged between 25 and 65 years. Findings suggest that approximately 70% of the respondents believe in the efficacy of traditional medicine alongside modern healthcare. The integration of traditional medicine into contemporary Ugandan healthcare systems is perceived positively by a majority of the population, highlighting its potential for broader adoption. Healthcare policymakers should consider integrating traditional medicine as a complementary service within public health initiatives to improve access and quality of care.

Keywords: African, Geography, Anthropology, Qualitative, Quantitative, Integration, Community

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