



Framework for Nutritional Security through Dietary Diversity in Ghanaian Rural Communities

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Abstract

Nutritional security in rural African communities is a critical issue, where dietary diversity plays a pivotal role in ensuring balanced nutrition. Not applicable for a theoretical framework article. Theoretical insights underscore the need for integrated agricultural policies that promote diverse crop cultivation to address nutritional deficiencies effectively. Public health interventions should prioritise education on dietary diversity alongside policy support for sustainable farming practices. The empirical specification follows $Y = \beta_{0+\beta}^{-1} p X + \text{varepsilon}$, and inference is reported with uncertainty-aware statistical criteria.

Keywords: *Sub-Saharan, ethnography, cross-cultural, qualitative, sustainability*

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