



# Health Systems Resilience in Tanzanian Epidemics Response: Lessons from Africa,

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## Abstract

This study examines health systems resilience in Tanzania during epidemics from to , focusing on learning experiences for future preparedness. A qualitative approach was employed to analyse policy documents, interviews with stakeholders, and case studies from Tanzania during the specified period. Findings indicate that despite challenges, there were significant improvements in coordination between healthcare sectors in responding to epidemics. The study concludes that enhanced inter-sectoral collaboration is crucial for improving health systems resilience in epidemic response. Recommendations include strengthening cross-sectoral communication and resource allocation strategies to improve epidemic preparedness.

**Keywords:** *African geography, public health systems, resilience theory, policy analysis, epidemic preparedness, case study methodology, community engagement*

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