



Integrated Farming Systems in Benin: A Review for Resource-Poor Farmers

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Abstract

Integrated farming systems (IFS) are increasingly recognised for their potential to enhance agricultural productivity and sustainability among resource-poor farmers in Benin. A comprehensive search strategy was employed across multiple databases, including Scopus and Web of Science, with a focus on studies published between 1980 and 2010. Studies were screened according to predefined criteria for inclusion. The review identified a significant proportion (45%) of studies focusing on the socio-economic impacts of IFS, suggesting their relevance in improving farmers' livelihoods. IFS have shown promise in enhancing agricultural productivity and sustainability, particularly among resource-poor farmers in Benin. However, there remains variability across different study regions and contexts. Future research should prioritise comparative studies to better understand the specific impacts of IFS in various ecological settings within Benin. Integrated Farming Systems, Resource-Poor Farmers, Benin, Literature Review The empirical specification follows $Y = \beta_{0+\beta}^{\rightarrow} p X + \text{varepsilon}$, and inference is reported with uncertainty-aware statistical criteria.

Keywords: *African agriculture, agroecology, integrated farming systems, resource management, sustainable intensification, smallholder farmers, participatory approaches*

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