



## Training Rural Healthcare Workers on Maternal Care in Zimbabwe: A Three-Month Evaluation Study

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### Abstract

This study evaluates a training programme for rural healthcare workers in maternal care quality in Zimbabwe. A mixed-methods approach was employed, including pre- and post-training assessments and focus group discussions to evaluate changes in knowledge and skills related to maternal health care. Rural healthcare workers reported an increase of 20% in their confidence levels regarding maternal care practices after the training programme. Focus groups highlighted a significant improvement in the provision of antenatal care services by participants. The training programme significantly enhanced rural healthcare workers' knowledge and skills in maternal care, as evidenced by increased self-reported confidence and observed improvements in service delivery. Continued support for ongoing training sessions and further research to monitor long-term impacts on maternal health outcomes is recommended. Maternal Care Training, Rural Healthcare Workers, Zimbabwe, Mixed-Methods Evaluation Treatment effect was estimated with  $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta_1 X_i$ , and uncertainty reported using confidence-interval based inference.

**Keywords:** *African Geography, Rural Healthcare Workers, Maternal Care Quality, Mixed-Methods Evaluation, Health Workforce Training, Evidence-Based Practice, Community Engagement*

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