



Client Satisfaction and Treatment Adherence in Mental Health Support Services of Rural Mozambique: A 2006 Perspective

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Abstract

Mental health support services in rural Mozambique face significant challenges due to a combination of socio-economic factors and limited access to specialized care. The study employed qualitative interviews and structured questionnaires distributed across five randomly selected villages, aiming for an equitable representation of different socio-economic backgrounds. Client satisfaction levels were notably higher when services included community-based support groups, with approximately 75% of respondents reporting increased adherence to treatment protocols following such interventions. Community integration significantly enhances client engagement and compliance with mental health care recommendations. Rural healthcare providers should prioritise the inclusion of community-based support structures in their service delivery models.

Keywords: *African Geography, Rural Health Services, Qualitative Research, Client Satisfaction, Treatment Adherence, Mental Health Models, Cultural Adaptation Studies*

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