



Health Systems Resilience during Epidemics in Uganda: A Mixed Methods Inquiry

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Abstract

Health systems in Uganda have faced significant challenges during various epidemics. A mixed methods study combining quantitative surveys with qualitative interviews, data from the Ministry of Health, and secondary sources. Health facilities reported a significant increase in patient load by 20% during peak periods of Ebola response (). Ugandan health systems demonstrated remarkable resilience but faced critical infrastructure gaps and resource shortages. Investment in digital health platforms for real-time data sharing and training programmes for healthcare workers are recommended. Health Systems Resilience, Epidemics, Uganda, Mixed Methods Study

Keywords: *African Geography, Health Systems, Epidemics, Mixed Methods, Resilience, Anthropology, Public Health*

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