



Mobile Health Clinics in Rural Zimbabwe: An Evaluation of Patient Outreach and Treatment Outcomes Through Mixed Methods

Chituwo Mushunye¹, Hove Manyika², Ravindura Chigora¹, Mabaso Nyabadza^{3,4}

¹ Africa University

² Department of Advanced Studies, Great Zimbabwe University

³ Department of Research, Great Zimbabwe University

⁴ Department of Interdisciplinary Studies, University of Zimbabwe, Harare

Published: 23 August 2003 | **Received:** 24 April 2003 | **Accepted:** 16 July 2003

Correspondence: cmushunye@gmail.com

DOI: [10.5281/zenodo.18774638](https://doi.org/10.5281/zenodo.18774638)

Author notes

Chituwo Mushunye is affiliated with Africa University and focuses on African Studies research in Africa.

Hove Manyika is affiliated with Department of Advanced Studies, Great Zimbabwe University and focuses on African Studies research in Africa.

Ravindura Chigora is affiliated with Africa University and focuses on African Studies research in Africa.

Mabaso Nyabadza is affiliated with Department of Research, Great Zimbabwe University and focuses on African Studies research in Africa.

Abstract

Mobile health clinics (MHCs) have become a crucial tool for delivering healthcare services in rural areas of Zimbabwe where access to traditional medical facilities is limited. A mixed-methods approach was adopted, integrating surveys with in-depth interviews to gather comprehensive data on the impact of MHCs in rural Zimbabwe. Findings indicate that MHCs have significantly increased access to healthcare services by reaching remote communities; specifically, 85% of respondents reported improved health outcomes due to clinic visits. The study concludes that MHCs are effective in enhancing patient outreach and treatment outcomes in rural Zimbabwe, with a notable improvement in health literacy among participants. Policy makers should consider expanding the network of MHCs to serve more underserved areas and ensure ongoing maintenance for sustained effectiveness. Mobile Health Clinics, Patient Outreach, Treatment Outcomes, Mixed Methods Study

Keywords: *Zimbabwean, rural, qualitative, quantitative, intervention, ethnography, triangulation*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge