



Health Systems Resilience in Guinea-Bissau: Lessons from Africa's Epidemic Response

Fernanda NGoma^{1,2}, Cristina Guimbelu², Amílcar Kassamaa^{2,3}

¹ AECAR - Higher School of Commerce, Administration and International Relations

² Lusíada University of Guinea-Bissau

³ Department of Interdisciplinary Studies, Lusíada University of Guinea-Bissau

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Correspondence: fngoma@outlook.com

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Author notes

Fernanda NGoma is affiliated with AECAR - Higher School of Commerce, Administration and International Relations and focuses on African Studies research in Africa.

Cristina Guimbelu is affiliated with Lusíada University of Guinea-Bissau and focuses on African Studies research in Africa.

Amílcar Kassamaa is affiliated with Lusíada University of Guinea-Bissau and focuses on African Studies research in Africa.

Abstract

Guinea-Bissau is a small West African country facing significant health challenges, including infectious diseases such as malaria and HIV/AIDS. This study employed a qualitative approach to review existing documents, interviews, and policy documents related to epidemic preparedness and response in Guinea-Bissau. The analysis identified that despite limited resources, the country's health system showed resilience by leveraging community engagement and local partnerships for rapid outbreak containment. Guinea-Bissau's success highlights the importance of integrating community-based strategies into national health policies to enhance epidemic preparedness and response. The government should prioritise investment in strengthening local health networks, particularly those involving traditional healers and community leaders.

Keywords: *African geography, health systems resilience, infectious diseases, qualitative research, epidemic preparedness, public health policies, community participation*

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