



Health Systems Resilience in Namibia's Epidemic Response Paradigms: Lessons from Africa

Sani Mokhale¹

¹ Department of Research, Namibia University of Science and Technology (NUST)

Published: 06 October 2011 | **Received:** 17 July 2011 | **Accepted:** 01 September 2011

Correspondence: smokhale@hotmail.com

DOI: [10.5281/zenodo.18939321](https://doi.org/10.5281/zenodo.18939321)

Author notes

Sani Mokhale is affiliated with Department of Research, Namibia University of Science and Technology (NUST) and focuses on African Studies research in Africa.

Abstract

This study explores Namibia's health systems' resilience during epidemic responses, drawing lessons from broader African contexts. A qualitative approach was employed to review public health documents, policy reports, and interviews with health officials. Data analysis focused on thematic categorization. Namibian health systems exhibited significant variability in response effectiveness across different epidemic types, with a notable theme of insufficient preparedness for respiratory diseases compared to vector-borne illnesses. While Namibia's health system has shown resilience during various epidemics, it remains vulnerable to certain disease categories. Recommendations include strengthening surveillance and resource allocation strategies. Enhanced investment in respiratory disease-specific training and resources is recommended to improve epidemic response effectiveness.

Keywords: *African geography, Public health systems, Epidemic response, Resilience theory, Health policy analysis, Community engagement, Institutional effectiveness*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge