



Constitutional Review Processes and Democratic Consolidation in Nigeria: A Mixed-Methods Inquiry

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Abstract

Nigeria's constitution has undergone several reviews since independence in 1960, reflecting its complex political landscape and challenges to democratic consolidation. A mixed-methods approach is employed, integrating semi-structured interviews with a national survey to investigate perceptions and practices related to constitutionality changes in Nigeria. Findings reveal that approximately 70% of respondents associate frequent constitutional amendments with democratic erosion, emphasising the need for more stable legal frameworks. The study concludes that while periodic reviews are necessary, they must be conducted with caution to avoid undermining democratic processes and institutions. Policy makers should prioritise public engagement in constitution-making processes and adopt a balanced approach to constitutional amendments to ensure stability and legitimacy.

Keywords: *Nigeria, Sub-Saharan Africa, Qualitative Research, Quantitative Analysis, Mixed Methods, Democratic Theory, Constitutional Law*

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