



Impact Evaluation of Community-Based Child Nutrition Programmes in Nairobi Slums: Feeding Patterns and Growth Stages Analysis

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Abstract

Community-based child nutrition programmes in Nairobi slums aim to address malnutrition through targeted interventions. Qualitative data collection methods including interviews, observations, and document reviews were employed to analyse feeding practices and child growth outcomes. A notable trend observed was an increase in breastfed infants under six months from 25% to 40%, indicating improved adherence to recommended feeding guidelines. The programmes have positively influenced feeding behaviors, contributing to better nutritional status among children aged up to two years. Future interventions should prioritise continuous support and education for caregivers on appropriate feeding practices.

Keywords: *African geography, qualitative methods, child development, nutrition studies, anthropometry, slum dynamics, cultural anthropology*

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