



Food Security Interventions and Household Livelihood Dynamics Among Smallholder Farmers in Northern Ghana: A Theoretical Framework

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Abstract

Food security interventions have been implemented in various parts of Ghana to address chronic food insecurity among smallholder farmers. In northern Ghana, these efforts often focus on improving agricultural productivity and income stability through targeted assistance programmes. The study employs an interpretive approach grounded in socio-economic theories to analyse existing literature on agricultural development policies and their effects on rural communities in northern Ghana. The theoretical framework underscores the importance of multifaceted approaches to food security interventions, highlighting their potential to foster more resilient livelihoods among smallholder farmers in northern Ghana. Policy makers should consider integrating multiple intervention strategies to enhance the effectiveness of existing programmes and promote sustainable agricultural growth.

Keywords: *African geography, Smallholder farmers, Livelihood theory, Food security, Agricultural interventions, Economic development models, Community empowerment*

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