



Intergenerational Education Programmes and Child Nutrition Practices in Urban Slums of Cairo: Impacts on Growth Stature Over One Year

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Published: 20 March 2004 | Received: 08 January 2004 | Accepted: 18 February 2004

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DOI: [10.5281/zenodo.18803709](https://doi.org/10.5281/zenodo.18803709)

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Abstract

Intergenerational education programmes have been proposed as a potential solution to address child malnutrition in urban slums of Cairo, Egypt. Participants were recruited from urban slum communities through a stratified random sampling method. Data collection included anthropometric measurements (height-for-age, weight-for-height) and surveys on nutrition practices. Significant improvements in child growth stature were observed among participants who received the intergenerational education programmes compared to those in control groups. The intergenerational education programme demonstrated positive effects on child nutrition practices and growth outcomes, highlighting its potential as a sustainable intervention strategy. Further research should be conducted to explore the long-term impact of these programmes and to identify best practices for implementation.

Keywords: *Cairo, Urbanization, Intergenerational, Nutrition, Anthropometry, Developmental, Community Engagement*

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