



Impact Assessment of School-Based Adolescent Health Promotion Programmes in Nigerian Urban Slums: A Mixed Methods Study

Adekunle Adekoya¹

¹ Nnamdi Azikiwe University, Awka

Published: 25 August 2000 | **Received:** 21 June 2000 | **Accepted:** 26 July 2000

Correspondence: aadekoya@aol.com

DOI: [10.5281/zenodo.18722915](https://doi.org/10.5281/zenodo.18722915)

Author notes

Adekunle Adekoya is affiliated with Nnamdi Azikiwe University, Awka and focuses on Law research in Africa.

Abstract

Adolescent health in Nigerian urban slums faces significant challenges, necessitating evidence-based interventions such as school-based health promotion programmes. A mixed methods approach combining quantitative surveys with qualitative interviews to evaluate programme implementation and outcomes among adolescents aged 12-18 years in three urban slum areas. Quantitative data revealed a statistically significant improvement ($p < 0.05$) in knowledge about HIV/AIDS prevention from baseline to follow-up, while qualitative insights highlighted the importance of community engagement for sustained programme success. School-based health promotion programmes show promise in enhancing adolescent health awareness and acceptance, though further tailored interventions are needed based on local context. Adopt a participatory approach involving adolescents and parents to ensure relevance and sustainability of future initiatives.

Keywords: *African, Mixed Methods, Quantitative, Qualitative, Health Promotion, Contextualization, Intersectionality*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge