



# Cultural Adaptation and Resilience in Southern African Migrant Communities: An Egyptian Perspective

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## Abstract

This study explores cultural adaptation and resilience among migrant communities in Southern Africa from an Egyptian perspective. A survey was conducted among Egyptian migrant communities living in selected Southern African countries. Data were collected through structured questionnaires that covered aspects such as cultural adaptation strategies, community support systems, and experiences of resilience. The analysis revealed a significant proportion (36%) of respondents utilised language immersion programmes to enhance their linguistic skills, facilitating smoother integration into the host societies. This study underscores the importance of culturally tailored interventions for migrant communities in Southern Africa, with particular emphasis on promoting resilience mechanisms that support cultural adaptation and community cohesion. Policy makers should consider implementing more comprehensive language training programmes to aid in the integration process of Egyptian migrants into their new environments. Cultural Adaptation, Resilience, Migrant Communities, Southern Africa, Egypt

**Keywords:** *Cultural Anthropology, Migration Studies, Diaspora, Community Resilience, Geographical Mobility, Ethnography, Cultural Identity*

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