



# Community Health Workers' Impact on Maternal Care in Nairobi Slums: A Mixed Methods Assessment

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## Abstract

Maternal health in Nairobi slums faces significant challenges due to limited healthcare access and resources. A mixed methods study combining quantitative data from surveys with qualitative insights from interviews and focus groups among CHWs and mothers in Nairobi slums. CHW interventions resulted in a 25% increase in maternal healthcare attendance rates compared to baseline, particularly for services like antenatal care and immunization. Community Health Workers significantly enhance maternal care access and quality in Nairobi slums, warranting their continued integration into local health systems. Policy makers should prioritise CHW training programmes and community engagement initiatives to maximise the benefits of these services. Maternal Care, Community Health Workers (CHWs), Nairobi Slums, Mixed Methods Study

**Keywords:** *African Geography, Community Health Workers, Mixed Methods, Maternal Care, Nairobi Slums, Qualitative Research, Quantitative Analysis*

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