



Accessibility and Knowledge Gaps in Adolescent Sexual Health Education Programmes within Kampala's Informal Settlements

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Abstract

Adolescent sexual health education programmes in Kampala's informal settlements face significant accessibility barriers. A mixed-methods approach was employed, including qualitative interviews ($n=20$) and quantitative survey data collection of 150 participants in five selected informal settlements. Survey analysis revealed that only 35% of respondents were aware of sexual health education programmes available within their communities. Participants expressed a preference for culturally-sensitive educational materials, with an emphasis on peer-led initiatives (68%) over traditional teacher-led sessions (32%). The findings highlight the need for targeted and culturally-relevant interventions to improve adolescent access to sexual health education. Programme developers should prioritise community engagement and tailor educational materials to address cultural norms and beliefs. Incorporating peer educators in programme delivery is recommended as a key strategy.

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Terms:

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