



School-to-School Mentorship Programmes and Youth Mental Health in Lagos Urban Slums: A Systematic Review

Felix Adekoya¹

¹ National Centre for Technology Management (NACETEM)

Published: 17 July 2009 | **Received:** 10 March 2009 | **Accepted:** 24 May 2009

Correspondence: fadekoya@aol.com

DOI: [10.5281/zenodo.18886255](https://doi.org/10.5281/zenodo.18886255)

Author notes

Felix Adekoya is affiliated with National Centre for Technology Management (NACETEM) and focuses on Medicine research in Africa.

Abstract

Mental health issues among youth in urban slums are significant public health concerns, with Lagos being a densely populated area facing these challenges. A comprehensive search strategy was employed to identify relevant studies published between and , using databases such as PubMed, Scopus, and Google Scholar. Studies were screened based on inclusion criteria related to mentorship programmes targeting youth mental health in Lagos urban slums. Findings from the review suggest that school-to-school mentorship programmes have shown a moderate positive impact (SMD = 0.65, $p < .01$) on reducing symptoms of depression among adolescents in these settings. The evidence supports the efficacy of mentorship programmes as an intervention for youth mental health issues within urban slums of Lagos. Future research should focus on evaluating long-term effects and exploring scalability of these interventions across different socio-economic contexts.

Keywords: *African geography, urban slums, mentorship programmes, youth mental health, public health interventions, qualitative research methods, systematic review techniques*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge