



Accessibility and Provision of Post-Disaster Mental Health Support Services Among Urban Refugees in Addis Ababa, Ethiopia

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Abstract

This case study examines the accessibility of post-disaster mental health support services among urban refugees in Addis Ababa, Ethiopia following a significant disaster event. A mixed-methods approach was employed, including qualitative interviews with stakeholders such as healthcare providers and community leaders, and quantitative surveys targeting urban refugees to gather data on access barriers and service utilization patterns. Analysis revealed that only 35% of surveyed urban refugees reported receiving mental health support within the first month post-disaster, primarily due to language barriers and inadequate outreach efforts. Themes emerged around the need for culturally sensitive interventions and improved community engagement strategies. The study concludes that current service provision is insufficient and fails to meet the diverse needs of urban refugee populations in Addis Ababa. Recommendations focus on enhancing language accessibility and increasing community-based support mechanisms. Recommendations include developing multilingual mental health resources, training healthcare providers on cultural competency, and establishing partnerships with local NGOs for outreach activities. Treatment effect was estimated with $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta^T p X_i$, and uncertainty reported using confidence-interval based inference.

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African
Ethiopian

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Terms:

Methodological:

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Post-Traumatic Stress Disorder (PTSD), Mental Health Models, Refugee Studies

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