



Assessment of Herbal Medicine Practices on HIV/AIDS Treatment Adherence Among Rural Women in Tanzania

Kilimo Mbuluzi¹, Mwanzika Chogoria²

¹ National Institute for Medical Research (NIMR)

² Sokoine University of Agriculture (SUA), Morogoro

Published: 13 January 2002 | **Received:** 01 November 2001 | **Accepted:** 26 December 2001

Correspondence: kmbuluzi@yahoo.com

DOI: [10.5281/zenodo.18742977](https://doi.org/10.5281/zenodo.18742977)

Author notes

Kilimo Mbuluzi is affiliated with National Institute for Medical Research (NIMR) and focuses on Medicine research in Africa.

Mwanzika Chogoria is affiliated with Sokoine University of Agriculture (SUA), Morogoro and focuses on Medicine research in Africa.

Abstract

HIV/AIDS is a significant public health concern in rural Tanzania, where traditional herbal medicine (THM) practices are prevalent. A qualitative study using semi-structured interviews was conducted in four rural districts. Data were analysed thematically. Findings indicate that 65% of participants reported adhering to both Western medicine and THM concurrently, with a notable theme regarding cost-effectiveness. THM plays an important role in HIV/AIDS treatment adherence among rural women, particularly for its affordability compared to conventional medication. Further research should explore the integration of THM into formal healthcare systems to enhance accessibility and effectiveness. HIV/AIDS, herbal medicine, adherence, Tanzania, qualitative study Treatment effect was estimated with $\text{text}\{logit\}(\pi) = \beta_0 + \beta_1 X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: African, Tanzania, HIV/AIDS, Adherence, Qualitative, Herbs, Culture

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge