



Mental Health First Aid Programmes in Urban Ugandan Schools: A Case Study Evaluation

Nalwago Ssekintu¹, Kabira Mukasa²

¹ Department of Public Health, Kyambogo University, Kampala

² Department of Public Health, National Agricultural Research Organisation (NARO)

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Correspondence: nssekintu@yahoo.com

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Author notes

Nalwago Ssekintu is affiliated with Department of Public Health, Kyambogo University, Kampala and focuses on Medicine research in Africa.

Kabira Mukasa is affiliated with Department of Public Health, National Agricultural Research Organisation (NARO) and focuses on Medicine research in Africa.

Abstract

This study addresses a current research gap in Medicine concerning 3. Effectiveness of Mental Health First Aid Programs in Urban Ugandan Schools: Case Studies in Uganda. The objective is to formulate a rigorous model, state verifiable assumptions, and derive results with direct analytical or practical implications. A mixed-methods design was used, combining survey and interview data collected over the study period. The results establish bounded error under perturbation, a convergent estimation process under stated assumptions, and a stable link between the proposed metric and observed outcomes. The findings provide a reproducible analytical basis for subsequent theoretical and applied extensions. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. 3. Effectiveness of Mental Health First Aid Programs in Urban Ugandan Schools: Case Studies, Uganda, Africa, Medicine, intervention study This work contributes a formal specification, transparent assumptions, and mathematically interpretable claims. Treatment effect was estimated with $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta^{-1} p X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: *African Geography, Mental Health, First Aid, Urbanization, Community-Based, Qualitative Research, Case Studies*

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