Animal-Assisted Therapy in Reducing Anxiety Among Cambodian Children with Cancer: A Case Study in Mali

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Abstract

Animal-assisted therapy (AAT) involves interactions between trained animals and humans to improve mental health outcomes. An observational study was conducted, focusing on qualitative data collection methods including interviews and observations. Children reported reduced anxiety levels after interactions with therapy dogs, indicating positive therapeutic effects. Animal-assisted therapy showed promise in alleviating anxiety among Cambodian children with cancer. Further randomized controlled trials should be conducted to validate these preliminary findings.

Keywords: *African, Cambodia, Anxiety, Therapy, Animals, Psychology, Qualitative, Intervention*

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