Challenges and Opportunities in Post-Conflict Psychology within Equatorial Guinea: A Mixed Methods Inquiry

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Abstract

Post-conflict environments often present unique challenges for psychological services, including resource scarcity, community mistrust, and inadequate infrastructure. A mixed methods study combining qualitative interviews with quantitative surveys to gather insights from psychologists, healthcare providers, and community members. Community engagement levels were notably low (30%), indicating significant barriers to mental health services in rural areas. There was a strong consensus on the need for culturally tailored interventions. While challenges remain, strategic partnerships with local organizations could enhance service delivery and foster trust among communities. Develop culturally sensitive training programmes for healthcare workers and establish community-led support groups to address mental health needs effectively.

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

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