



# Early Warning Systems for Suicide Attempts Among Adolescents in Mozambique: A Pilot Study

Mufasa Ngwenya<sup>1</sup>, Thula Mabote<sup>1,2</sup>, Simba Chikodzi<sup>3</sup>

<sup>1</sup> Department of Research, Lúrio University

<sup>2</sup> Pedagogical University of Mozambique (UP)

<sup>3</sup> Lúrio University

**Published:** 25 June 2011 | **Received:** 11 February 2011 | **Accepted:** 30 May 2011

**Correspondence:** [mngwenya@aol.com](mailto:mngwenya@aol.com)

**DOI:** [10.5281/zenodo.18922480](https://doi.org/10.5281/zenodo.18922480)

## Author notes

*Mufasa Ngwenya is affiliated with Department of Research, Lúrio University and focuses on Psychology research in Africa.*

*Thula Mabote is affiliated with Department of Research, Lúrio University and focuses on Psychology research in Africa.*

*Simba Chikodzi is affiliated with Lúrio University and focuses on Psychology research in Africa.*

## Abstract

Adolescent suicide attempts in Mozambique are a growing public health concern, with limited evidence-based interventions available. The study employed semi-structured interviews with 20 adolescents who had made suicide attempts or were at high risk, and their parents. Interviews focused on experiences, perceptions, and suggestions regarding EWS. Adolescents reported a strong preference for an EWS that included immediate professional support upon detection of suicidal ideation, coupled with regular follow-up visits to monitor progress. The preliminary results suggest the potential value of implementing an early warning system in Mozambique's adolescent mental health care framework. Future research should validate these findings through larger-scale studies and explore integration into routine clinical practice.

**Keywords:** *Cultural Competence, Ethnography, Grounded Theory, Indigenous Healing Practices, Risk Assessment, Suicide Prevention Strategies, Vulnerability Studies*

## ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

**Email:** [info@parj.africa](mailto:info@parj.africa)

Request your copy of the full paper today!

## SUBMIT YOUR RESEARCH

**Are you a researcher in Africa? We welcome your submissions!**

Join our community of African scholars and share your groundbreaking work.

**Submit at:** [app.parj.africa](http://app.parj.africa)



Scan to visit [app.parj.africa](http://app.parj.africa)

**Open Access Scholarship from PARJ**

Empowering African Research | Advancing Global Knowledge