



Gender Dynamics in Sub-Saharan African Psychology: A Senegalese Perspective

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Abstract

Gender dynamics in psychology within Sub-Saharan Africa have been understudied, particularly in Senegal where cultural and societal norms can significantly influence psychological practices and outcomes. The study employs a mixed-methods approach combining quantitative surveys (n=200) assessing gender biases among practitioners and qualitative interviews (n=30) to gain depth insights into practitioners' perspectives. Data was collected through structured questionnaires and semi-structured interviews, ensuring both breadth and depth of analysis. Quantitative data revealed a significant proportion (45%) of psychologists reported experiencing gender bias in their professional lives, with women more likely to face challenges related to client trust and research funding compared to men. Qualitative findings highlighted themes such as the impact of cultural stereotypes on therapeutic outcomes and the underrepresentation of female psychologists in leadership roles. This study contributes to understanding gender dynamics within psychology in Senegal by identifying prevalent biases and their implications, providing a foundation for future interventions aimed at promoting inclusivity and equity. Based on findings, recommendations include training programmes targeting psychological practitioners to foster awareness of gender biases and implementing policies that promote equal opportunities for female psychologists in leadership positions. Gender dynamics, Psychology, Sub-Saharan Africa, Senegal

Keywords: *Sub-Saharan, African, Cultural Psychology, Socio-Cultural, Ethnopsychology, Gender Role Studies, Comparative Psychology*

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