



# Mobile Health Clinics and Maternal Care Practices in Western Uganda: A Longitudinal Exploration

Orika Masaga<sup>1</sup>, Kabogzi Kasimbi<sup>2,3</sup>, Muteesa Okello<sup>1,2</sup>

<sup>1</sup> Makerere University Business School (MUBS)

<sup>2</sup> Gulu University

<sup>3</sup> Department of Interdisciplinary Studies, Makerere University Business School (MUBS)

**Published:** 06 July 2013 | **Received:** 16 March 2013 | **Accepted:** 10 June 2013

**Correspondence:** [omasaga@outlook.com](mailto:omasaga@outlook.com)

**DOI:** [10.5281/zenodo.18988412](https://doi.org/10.5281/zenodo.18988412)

## Author notes

*Orika Masaga is affiliated with Makerere University Business School (MUBS) and focuses on Psychology research in Africa.*

*Kabogzi Kasimbi is affiliated with Gulu University and focuses on Psychology research in Africa.*

*Muteesa Okello is affiliated with Gulu University and focuses on Psychology research in Africa.*

## Abstract

Mobile health clinics have emerged as a critical component in addressing healthcare access issues in rural areas of Western Uganda, particularly for maternal care practices. Qualitative methods were employed through participant observation, semi-structured interviews with mothers and healthcare providers, and thematic analysis of clinic records. Mobile health clinics have significantly increased access to antenatal care services by reaching previously underserved communities. Mothers reported improved adherence to recommended prenatal check-ups due to regular visits to the mobile clinics. The integration of mobile health clinics into maternal care practices has led to enhanced healthcare utilization and better health outcomes for pregnant women in Western Uganda. Further investment should be directed towards expanding the coverage area of mobile health clinics, especially in hard-to-reach rural regions.

**Keywords:** *African Geography, Maternal Health, Qualitative Research, Anthropology, Community Participation, Cultural Studies, Phenomenology*

## ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

**Email:** [info@parj.africa](mailto:info@parj.africa)

Request your copy of the full paper today!

## SUBMIT YOUR RESEARCH

**Are you a researcher in Africa? We welcome your submissions!**

Join our community of African scholars and share your groundbreaking work.

**Submit at:** [app.parj.africa](http://app.parj.africa)



Scan to visit [app.parj.africa](http://app.parj.africa)

**Open Access Scholarship from PARJ**

Empowering African Research | Advancing Global Knowledge