



Patient Satisfaction with Psychosocial Support Groups among Cancer Patients in Democratic Republic of Congo: An Evaluation Study

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Abstract

Cancer is a significant health challenge in Democratic Republic of Congo (DRC), with psychosocial support groups recognised as beneficial for patients coping with cancer. A survey was conducted using a validated questionnaire designed to assess patient satisfaction, focusing on themes like emotional support, informational assistance, and social integration. Patient satisfaction with psychosocial support groups was generally positive, with 85% reporting improved emotional well-being and 70% indicating increased social connections among group members. However, there was a notable lack of structured follow-up or additional resources for participants who found the groups beneficial but needed further assistance. While psychosocial support groups are perceived positively by DRC cancer patients, their effectiveness can be enhanced through more comprehensive aftercare and resource allocation. Implementing a follow-up programme to ensure sustained psychological support and resources for participants who benefit from the initial group sessions is recommended.

Keywords: *Congo, Psychosocial Support, Patient Satisfaction, Group Dynamics, Qualitative Research, Community Health, Psychological Well-being*

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