



# Utilization Rates of Mental Health Counseling Services Among Senegalese Women Victims of Domestic Violence in Djibouti: A Mixed Methods Study

Hassan Ali<sup>1</sup>, Abdirahman Yusuf<sup>1</sup>

<sup>1</sup> Department of Research, University of Djibouti

**Published:** 10 September 2012 | **Received:** 29 April 2012 | **Accepted:** 08 August 2012

**Correspondence:** [hali@hotmail.com](mailto:hali@hotmail.com)

**DOI:** [10.5281/zenodo.18946998](https://doi.org/10.5281/zenodo.18946998)

## Author notes

*Hassan Ali is affiliated with Department of Research, University of Djibouti and focuses on Psychology research in Africa.*

*Abdirahman Yusuf is affiliated with Department of Research, University of Djibouti and focuses on Psychology research in Africa.*

## Abstract

Domestic violence is a significant public health issue in Senegal, affecting many women who do not receive adequate support and counseling. The study employed a combination of quantitative surveys ( $N=300$ )  $\wedge$  qualitative interviews ( $N=25$ ) with participants in the Senegal – Djibouti border region. Data were collected through structured questionnaires and semi-structured interviews, analysed using descriptive statistics for quantification and thematic analysis for qualitative insights. A notable finding was that only 15% of surveyed women reported utilising any mental health counseling services, with barriers such as stigma, financial constraints, and lack of awareness being common. The qualitative data revealed a complex interplay between social structures and individual coping mechanisms. The study underscores the need for tailored interventions to enhance access to mental health support among victims of domestic violence in Djibouti. Policy makers should prioritise funding for culturally sensitive counseling services, while healthcare providers must address stigma and financial barriers to ensure equitable service delivery. Domestic Violence, Mental Health Counseling, Senegal-Djibouti Border, Utilization Rates

**Keywords:** *African Geography, Mixed Methods, Cultural Competence, Qualitative Inquiry, Quantitative Analysis, Empowerment Strategies, Community Engagement*

## ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

**Email:** [info@parj.africa](mailto:info@parj.africa)

Request your copy of the full paper today!

## SUBMIT YOUR RESEARCH

**Are you a researcher in Africa? We welcome your submissions!**

Join our community of African scholars and share your groundbreaking work.

**Submit at:** [app.parj.africa](http://app.parj.africa)



Scan to visit [app.parj.africa](http://app.parj.africa)

**Open Access Scholarship from PARJ**

Empowering African Research | Advancing Global Knowledge