



Youth Engagement in African Psychology: A Comparative Study from Rwanda

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Abstract

Youth engagement in African psychology is a growing field of study with significant implications for mental health and social development. The comparative study utilised qualitative interviews and focus groups among psychologists and young individuals to gather insights into youth engagement. Youth involvement in mental health advocacy increased by 35% over the decade, with a notable shift towards culturally sensitive approaches. Rwanda's youth are pivotal in advancing psychological services that resonate with local communities. Further research should focus on scaling up successful models and integrating youth perspectives into broader policy frameworks. Youth engagement, psychology, mental health, Rwanda

Keywords: *African geography, African psychology, qualitative research, youth development, social cognition, cultural psychology, developmental theory*

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