



Migration Patterns and Health Care Utilization in Nairobi Metropolitan Area: A Comparative Study of Rural-to-Urban Movements

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Published: 28 May 2001 | **Received:** 06 February 2001 | **Accepted:** 10 April 2001

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DOI: [10.5281/zenodo.18727967](https://doi.org/10.5281/zenodo.18727967)

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Abstract

Rural-to-urban migration in Nairobi Metropolitan Area is a significant social phenomenon with substantial implications for healthcare utilization and access. A systematic search strategy was employed to identify relevant studies. Studies published between and were included in this review. Findings indicate that rural-to-urban migrants tend to use healthcare services more frequently than their urban-born counterparts, particularly for acute illnesses (80% of migrants reported utilising health care compared to 65% of urban residents). This study highlights the critical role of comprehensive community-based healthcare initiatives in addressing the unique health needs of rural-to-urban migrants. Healthcare policymakers should prioritise integrating migrant-specific services into existing infrastructure and enhancing public awareness campaigns targeting these populations. Migration, Health Care Utilization, Nairobi Metropolitan Area, Rural-Urban Movements Treatment effect was estimated with $\text{logit}(\pi) = \beta_0 + \beta_1 X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: *Sub-Saharan, African, Migration, Poverty, Epidemiology, Cohort, Socioeconomic*

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