



# Community Gardens and Social Cohesion Among Nigerian Immigrant Families in Nigeria: An Exploratory Study

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## Abstract

Community gardens have been recognised as spaces for fostering social cohesion in various communities worldwide. However, their role in Nigerian immigrant families living in Nigeria remains underexplored. The study employed a survey research design with a sample size of 150 participants drawn from various regions across Nigeria. Data collection was conducted through online questionnaires distributed via social media platforms among Nigerian immigrant families in different cities and towns. Analysis revealed that 72% of respondents reported increased feelings of community belonging due to their involvement in community garden activities, indicating a significant role these spaces play in fostering social cohesion among immigrants. This exploratory study provides preliminary insights into the potential of community gardens as tools for promoting social cohesion within Nigerian immigrant families. Further research is recommended to validate and expand these findings. Future studies could explore the long-term impacts of community garden participation on family dynamics, mental health, and overall well-being among immigrants in Nigeria.

**Keywords:** *African Diaspora, Community Development, Social Capital, Migration Studies, Ethnography, Intersectionality, Grassroots Movements*

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