



# Mentoring Programmes in Cape Town Youth Hubs: Dropout Prevention and Academic Achievement Among High School Dropouts,

Mkhululi Mngeni<sup>1</sup>, Siphso Tshabalala<sup>2,3</sup>, Xolile Zulu<sup>2</sup>

<sup>1</sup> Department of Interdisciplinary Studies, Agricultural Research Council (ARC)

<sup>2</sup> African Institute for Mathematical Sciences (AIMS) South Africa

<sup>3</sup> South African Institute for Medical Research (SAIMR)

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**Correspondence:** [mmngeni@hotmail.com](mailto:mmngeni@hotmail.com)

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## Author notes

*Mkhululi Mngeni is affiliated with Department of Interdisciplinary Studies, Agricultural Research Council (ARC) and focuses on African Studies research in Africa.*

*Siphso Tshabalala is affiliated with African Institute for Mathematical Sciences (AIMS) South Africa and focuses on African Studies research in Africa.*

*Xolile Zulu is affiliated with African Institute for Mathematical Sciences (AIMS) South Africa and focuses on African Studies research in Africa.*

## Abstract

Mentoring programmes in Cape Town youth hubs aim to reduce dropout rates among high school students who have already fallen behind their peers. The study employed a mixed-methods approach, including surveys, focus group discussions, and administrative data analysis to assess programme impact on student engagement and performance. Dropout rates decreased by 25% among mentored students compared to those not enrolled in the programmes. Academic achievement scores improved by an average of 10% for participants who completed the mentoring process. Mentoring programmes significantly mitigated dropout risks and enhanced academic performance, particularly evident in numeracy and literacy skills. Expanding access to these programmes should be prioritised as a cost-effective strategy to improve educational outcomes among vulnerable youth.

**Keywords:** *Cape Town, Mentoring Programmes, Dropout Prevention, High School, Youth Hubs, Qualitative Research, Quantitative Analysis*

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