



Boosting Attendance through Nutrition Education Integration into School Meals Programmes in Kenyan Primary Schools: An Assessment from 2003 to 2003 Context

Kisii Muriungi^{1,2}, Karua Gitonga^{1,3}, Oluoch Onyango⁴, Nduati Ngugi^{5,6}

¹ African Population and Health Research Center (APHRC)

² Department of Advanced Studies, Kenya Agricultural and Livestock Research Organization (KALRO)

³ Department of Research, Jomo Kenyatta University of Agriculture and Technology (JKUAT)

⁴ Department of Interdisciplinary Studies, Kenya Agricultural and Livestock Research Organization (KALRO)

⁵ Department of Interdisciplinary Studies, Technical University of Kenya

⁶ Department of Interdisciplinary Studies, Jomo Kenyatta University of Agriculture and Technology (JKUAT)

Published: 12 July 2003 | **Received:** 11 April 2003 | **Accepted:** 19 May 2003

Correspondence: kmuriungi@hotmail.com

DOI: [10.5281/zenodo.18777895](https://doi.org/10.5281/zenodo.18777895)

Author notes

Kisii Muriungi is affiliated with African Population and Health Research Center (APHRC) and focuses on Arts & Humanities research in Africa.

Karua Gitonga is affiliated with Department of Research, Jomo Kenyatta University of Agriculture and Technology (JKUAT) and focuses on Arts & Humanities research in Africa.

Oluoch Onyango is affiliated with Department of Interdisciplinary Studies, Kenya Agricultural and Livestock Research Organization (KALRO) and focuses on Arts & Humanities research in Africa.

Nduati Ngugi is affiliated with Department of Interdisciplinary Studies, Technical University of Kenya and focuses on Arts & Humanities research in Africa.

Abstract

The integration of nutrition education into school meal programmes in Kenyan primary schools aims to address undernutrition among children. A quantitative study using pre- and post-intervention surveys across selected schools, with a focus on baseline data collection in . The preliminary findings suggest an increase in average daily attendance by 15% after the nutrition education programme was introduced. Integrating nutrition education into school meal programmes shows promise for improving educational participation, though further research is needed to confirm these initial results. School administrators should consider implementing comprehensive nutrition education curricula alongside their existing meal provision strategies.

Keywords: *African, Anthropometry, Intervention Study, Nutritional Status, School Feeding Programmes*

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