

A Dataset on Discharge Communication and Medication Adherence in Elderly Ugandan Patients with Polypharmacy, 2001

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Abstract

This study addresses a current research gap in Medicine concerning Assessing the effectiveness of a structured discharge communication tool on medication adherence among elderly patients with polypharmacy at Mulago Hospital, Uganda in Uganda. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A qualitative approach was used, drawing on recent literature and policy sources to frame the analysis. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Assessing the effectiveness of a structured discharge communication tool on medication adherence among elderly patients with polypharmacy at Mulago Hospital, Uganda, Uganda, Africa, Medicine, data descriptor This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

Keywords: *Medication adherence, Polypharmacy, Discharge communication, Elderly patients, Sub-Saharan Africa*

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